

Soccer – Women 7 Aside Rules and Regulations

Revised October 2019

- 1. Age Categories:** Women 55 +
- 2. Events:**

A round robin tournament will take place on Wednesday, Thursday and Friday and, if necessary, on Tuesday.

If possible, teams will play a minimum of four games.
- 3. Participation:**
 - 1) This competition is open to the public.
 - 2) A participant may only play for one team.
 - 3) Each team must register a minimum of 9 and a maximum of 12 participants, including goalkeepers.
 - 4) Teams may also nominate a non-playing coach and/or manager.
- 4. Field Size** (see diagram on next page)

Field is approximately 75 yards by 50 yards
Penalty area is approximately 12 yards by 32 yards
Goal area is approximately 4 yards by 20 yards
Goalposts are approximately 8 yards apart
Penalty spot is 12 yards from centre of goal (on line of penalty area)
- 5. Playing Rules**
 - 1) A Match shall consist of two 30-minute halves with a 10-minute half-time.
 - 2) Participants must wear visible numbers, a minimum of four inches in height, on their uniforms with no two identical numbers on the team.
 - 3) Each goalkeeper wears colours which distinguish her from the other participants
 - 4) Unlimited “subbing on the fly” only from the team bench area
 - 6) Participants, except for goalkeepers within the penalty area, may not slide to play the ball when in doing so they may make contact with another participant. Participants deliberately slide tackling will be assessed either a yellow or a red card depending on the severity of the infringement as determined by the referee. Play shall be restarted according to the FIFA Laws of the Game.
 - 7) No punting or drop kicking by the Goalie. Punting/drop kicking offence re-started by an indirect free kick on the 12 yard line.
 - 8) No offside rule

- 9) A participant receiving a red card cannot play in the next scheduled game. A participant accumulating two yellow cards during the course of the tournament cannot play in the next scheduled game.
- 10) Team will forfeit if fewer than 5 participants on the field.
- 11) Duplicate team (2) lists required for each game.

ALL other FIFA rules apply

6. Competition:

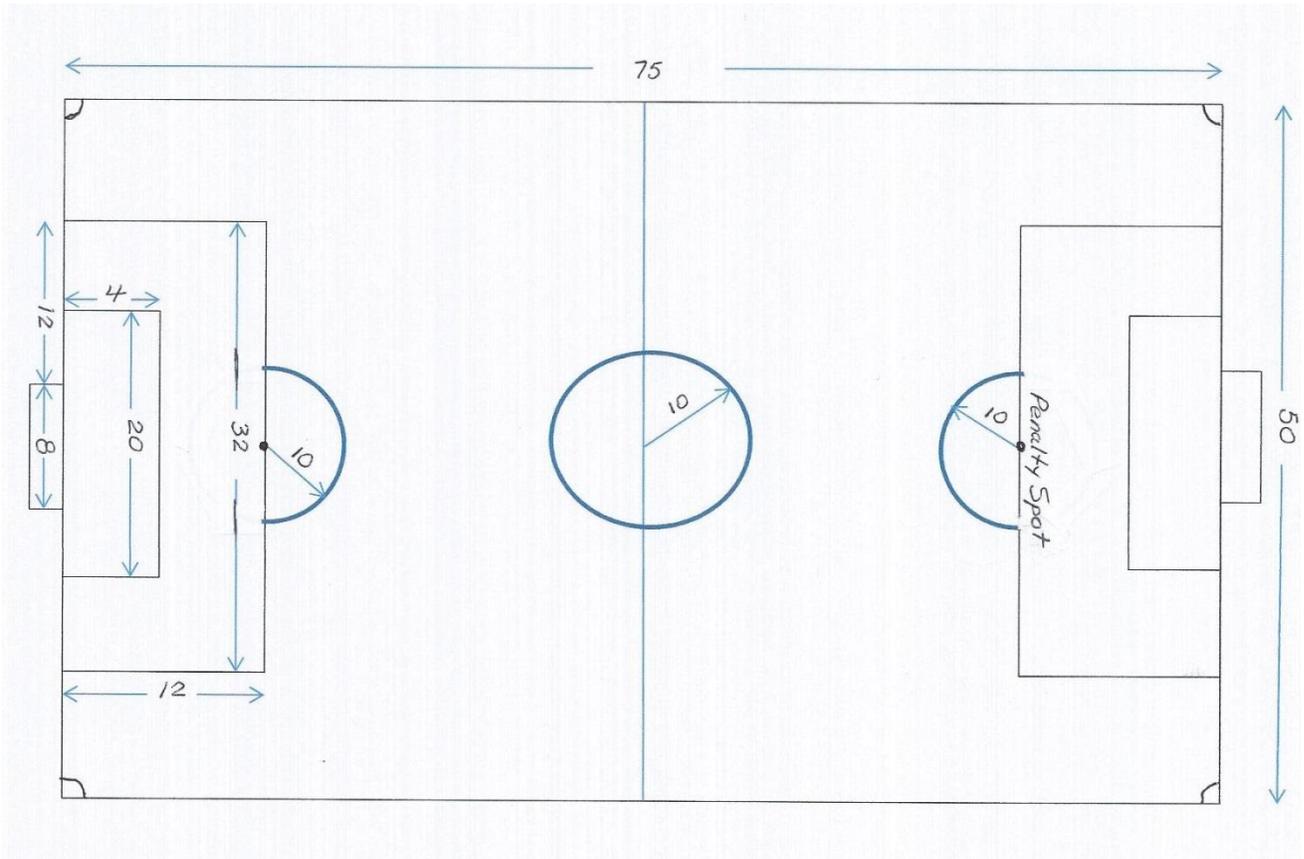
- 1) Tournament will be round robin
- 2) Awarding of points in Round Robin play
Teams shall receive 3 points for a win, 1 point for a tie and 0 points for a loss
- 3) Ties will be broken by:
 - a) Results of the game(s) between the tied teams
 - b) Total goals for
 - c) Total goals against
 - d) Coin toss, if needed
- 4) Playoff Round matches, if required, shall be based on the number of teams entered and as determined by the Host Society Competition Chair. Playoff round matches will consist of 2x30 minute halves, 2 full-time 10 minute overtime periods, if needed, and penalty kicks, if required.

7. Medals:

Soccer is classified as a Demonstration Event by the CSGA, as a result medals are not awarded. As per the CSGA Host Agreement #29 - (d): "These events are not medaled events and are not included in the overall medal count, however the Host may choose to provide ribbons to participants in lieu of medals."

- (a) Prizes will be awarded to the top three teams in each division.

In any competitive tournament involving mass participation, there are always problems, issues or challenges that arise which may not be covered in these guidelines. In this event, the Soccer Competition Chair of the Host Committee will do everything in its power to make fair and unprejudiced decisions. The Competition Chair reserves the right to enact policies or issue decrees that will deal with unforeseen circumstances and/or situations.



All dimensions are in yards. Diagram not to scale.