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# GENERAL REGULATIONS

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## 1. EVENTS: CATEGORIES

The CSGA has divided the selected events included in this rule book into three categories: Mandatory, Optional and Bonus. The Host Committee (HC) for each Canada Games is responsible for holding the **18 mandatory events for their Games**. The winners in all of these events will be awarded medals.

- **Mandatory Events:** These events are the ones that are played by most, if not all of the member provinces/territories.
- **Optional Events:** These events are not played widespread across the country, but are played and popular enough in sufficient provinces/territories to warrant consideration by the HC. The HC is to select a minimum of 4 and a maximum of 6 of these events for the Canada Games, ensuring that they have the minimum 22 events required but do not exceed the limit of 24 events.
- **Bonus Events:** In addition to the 22-24 Mandatory and Optional Events selected, the HC may opt to include one or more of the Bonus Events listed. These are to be counted as medaled events but are to be scheduled, as best as possible, so as to not interfere with the majority of regular events already selected. The purpose of this category is to allow participants to enter into a second event if desired and as long as they do not conflict with their primary event selection.
- **Demonstration Events:** In addition to the above categories, the HC may opt to include demonstration events. These may be an event unique to the area where the Games are being played.

## 2. ELIGIBILITY: RESIDENCY

- All participants must be residents of the province/territory they are representing and must adhere to provincial/territorial selection criteria.
- All participants must be Canadian citizens, or have landed immigrant status, at the time of their selection at the provincial/territorial level for the Canada 55+ Games.
- Adoption of non-residents may **ONLY** be used to complete a team of 4 or more, not to exceed 30% of the team under the following circumstances:
  1. The non-resident must not “bump” or prevent a resident from participating i.e. they will only be used to fill vacancies.
  2. The non-resident will be considered an official member of the “new” province/territory for the duration of the games and must be provided with a team “uniform” if other members of the team are provided with them (either free or through purchase).

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3. The non-resident will march with the “new” team in a parade (if any) and sit with the “new” team in the opening and closing ceremonies.
4. The non-resident will be eligible to win medals in the same manner as any other team member.
5. The non-resident will register through the “new” province/territory.

### 3. ELIGIBILITY: AGE CATEGORIES

- Participants must be at least 55 years of age (by December 31) in the year of the Canada 55+ Games.
- Participants are allowed to compete in one age category only.
- Where there are discrepancies between:
  - i a participant’s age at the time of qualification and their age at the time of the Canada 55+ Games, the participant may have to compete in a younger age category;
  - ii the age categories utilized by a province/territory and by the Canada 55+ Games, team participants should compete in the Canada 55+ Games age category that corresponds to the age of their youngest member. Individual participants may also have to move to a younger category.

### 4. REGISTRATION

- Registration, either as a Participant or a Non-Participant, entitles the registrant to transportation to and from the airport where the Games are being held, transportation between Game venues and Game sanctioned hotels, a luncheon following the Opening Ceremonies and parade, and a dinner served before or in conjunction with the Closing Ceremonies. Registrants are also entitled entrance to all social and entertainment Events offered by the Host Committee during the Games, although some of these may entail an additional surcharge which must be detailed on the Registration form.
- All participants must complete, in full, the registration form and submit with the required registration fees to the Provincial/Territorial Team Manager by the agreed deadline. It is imperative that participants include their travel arrangements on this form – failure to do so may result in there being no one there to pick you up at the airport, train station or bus depot.
- All participants must complete the CSGA medical form and keep this on their person throughout the Games. This form is not to be submitted to the Team Manager, but is to be retained by the participant and brought to the Canada 55+ Games. This form must be tucked in behind the participants name tag

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that is provided by the Host Committee. Non-participants are also encouraged to fill out this form and bring it with them to the Canada 55+ Games, especially if they have a medical condition or allergy that qualified medical personnel should be aware of in case of an emergency.

- With the exception of Bonus Events (if offered), participants may not register or compete in more than one competitive event. They may, however, register and compete in more than one event within an event. For example, a participant may register in doubles and mixed doubles in the tennis event. If Bonus Event(s) are offered by the HC, then all participants may register for this event as long as it does not conflict with their primary choice of event.
- A participant may register in a lower age category if the province/territory has not filled the entry requirements in that category.

### 5. SUBSTITUTION / FILLERS

1. Substitutions will only be allowed prior to the time the participants leave their respective provinces/territories. The Host Committee must be informed of any substitutions made between the time the original registration forms were submitted and departure for the Games.
2. Fillers may be used under the following circumstances ONLY:
  - a. To make for a viable competition in consultation with the Technical Director. "Fills" will pay FULL registration fees and will receive FULL privileges.
  - b. In the event of extraordinary circumstances or injury.
3. Fillers required during the Games due to medical or any other unforeseen occurrence will normally be found by the Host Committee (HC), unless the P/T affected is able to fill the position from one of its own non-participants. If the fill is found by the HC in the midst of the Games, then no registration fee is to be levied against the individual filling in.

### 6. TRANSPORTATION TO HOST CITY

- Transportation to and from the host city is the responsibility of the individual or province/territory from which the participants and non-participants are traveling.

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### **7. TEAM COLOURS**

- It is recommended that each province/territory outfit their participants and delegates in some form of provincial/territorial colours.
- Each participant must have the name of their province/territory (not their local community, zone, or region) on their outfit and it should be easily recognizable.

### **8. SMOKING POLICY**

- All indoor venues at the Canada 55+ Games events will be smoke-free in the specific area of play.

### **9. DELIVERY ASSISTANCE DEVICES**

For people with a disability, the use of delivery assistance devices will be allowed for any event in the Canada 55+ Games with no medical certificate required.